

MINNEOTA WEEKLY BASKETBALL WORKOUTS

WHEN

Thursday, June 13th
Tuesday, June 18th
Tuesday, July 2nd
Tuesday, July 16th
Tuesday, July 30th
Tuesday, August 6th

TIME SLOTS (BOYS AND GIRLS GROUPS GO AT SAME TIME)

Grades 4-6 → 8:00 am – 9:30 am

Grades 7-8 → 9:30 am – 11:00 am

Grades 9-12 → 11:00 am – 12:30 pm

REGISTRATION

You can register here [click the link below.](#)

[Registration](#)



AGE GROUPS

Grades 4-6

Grades 7-8

Grades 9-12

TRAINERS

- Shane Hennen
- Dylan Tolk

COST

- **\$100** (Bring to 1st Workout)

For an entire summer of top-notch training from one of the Midwest's best trainers. Shane works with professional basketball players every day, and for a fraction of the cost, you can get elite level training not offered anywhere else in the area.

Contact Info

Any questions or concerns can be directed to me by email at dt151@hotmail.com or by phone at (507) 828-0016

