

When must my child stay home?

Your child (and household members) MUST stay home if they have even ONE symptom from this list:

- Fever of 100.4 degrees Fahrenheit or higher
- New cough, or a cough gets worse
- Difficulty or trouble breathing
- New loss of taste or smell

Your child (and household members) MUST stay home if they have TWO or more symptoms from this list (even if they do not have any symptoms from the first list):

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle pain
- Excessive fatigue (being very tired)
- New or severe headache
- New nasal congestion or runny nose

If your child has ONE of the SQUARED bulleted symptoms,
he/she may return to school *24 hours after symptoms improved.*

Please call/email nursing staff *before* your child returns to school after being ill.

Elementary School: 872-6122

High School: 872-6175

nurse@minneotaschools.org

For more information from the Minnesota Department of Health go to:
<https://www.health.state.mn.us/diseases/coronavirus/schools/attendance.pdf>

Thank you!